Play a Board Game	Draw (or Design)	Hands Down	Use break card — Break Card	Write (fine motor)	Lunch
Play with Item of Interst	Computer Time	Remain in Seat (or seated area)	In My Scheduled Area	Math	Independent Work
Sensory Break	Go to Quiet Area	Stay with classmates	Soft Touch	Social Skills	Language Arts
Play Musical Instrument	Read or Study Subject of Interest	Check Schedule (or remain on)	Share	Spelling	Communication
Help Teacher (or Peers)	View short clip of DVD___ min.	Stop Behavior	Inside Voice	1:1	Small Group
Tell (or write) a story (or play)	Talk (or ask) about Interest	Wait	Compliment Friend — Good Job!	Large Group	Specials
Build (or make)..	Listen to Music	Say, "O.K." to teacher — O.K.	Ask for help	Center	Transition
Go to _____	Run Area (or Exercise Area)	Say or wave "Hi"	Say or wave "Bye"	Recess	Science (or Social Studies)

L.Molleur (Behavior/Autism Specialist)　　　　Keeping Track